CHAPTER 5
CONCLUSION AND FUTURE WORK

5.1 Conclusion

This study hypothesized to verify the role of activity-travel participation and daily travel satisfaction on physical and mental health. The result of the model support the proposed model structure. This study found daily travel satisfaction as a construction of socio-demographic, activity-travel participation, travel attributes and built environment.

In this study, the BMA dataset's unexplored variable of daily travel satisfaction has initially examined and consequently showed potential result. Result of the model estimation reveal that not only does daily travel satisfaction linked to activity-travel participation parameters, but it has relevant role on both physical and mental health. Indeed, better value of self-reported health are shown in those at higher level of daily travel satisfaction.

This insight is particularly significant since it conveyed that differs in individuals' and households' characteristics as well as built environment may define individuals' activity performed, daily travel satisfaction, and health. This study also found that beside of to improve the travel attributes itself, the subjective views on daily travel has potentials for wider purposes, in this case to enhance physical and mental health.

5.2 Future Work

It is recognized that present study only provides general descriptive analysis on activity duration, thus, future study can be extended to provide model-based compelling evidence of individuals' activity-travel time use. Moreover, although the daily travel satisfaction data has explored, future research on this variable is necessary to find the causal mechanism by which transport attributes and other supporting variables appears to impact individuals' subjective perception on travel that may also improve health as an alternative contribution to enhance individuals' quality of life.

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